

CALPE SCHOOL

Monday 2nd March – Friday 3rd April 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 nd d – 6 th h M a r	MEAT FREE MONDAY Vegetable paella Buffet Salad Fruit/dessert Fresh bread	Spaghetti Bolognaise Buffet Salad Fruit/dessert Fresh Bread	Tortilla & baked beans Cooked ham & English cheddar Buffet Salad Fruit/ dessert Fresh bread	Chicken & vegetable fricassee with sauté potatoes Buffet Salad Fruit/dessert Fresh Bread	Ham & cheese Carbonara with peas & sweet corn Buffet Salad Fruit/dessert Fresh bread
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9 th h – 1 3 th h M a r	Beef & mixed vegetable risotto Buffet Salad Fruit/dessert Fresh Bread	Pizza, tuna or ham with grated carrots & sultana salad Buffet Salad Fruit/dessert Fresh bread	Chicken, carrot & leek bake Buffet Salad Fruit/dessert Fresh bread	Macaroni & cheese with sausages & sweetcorn Buffet Salad Fruit/dessert Fresh bread	FISHY FRIDAY Fresh fish fillets & chips with mixed peas & sweetcorn Buffet Salad Fruit/dessert Fresh Bread
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY

1 6 th - 2 0 th h M a r	MEAT FREE MONDAY Vegetable noodle stir fry Buffet Salad Fruit/dessert Fresh bread	Meat & vegetable stew with Basmati rice Buffet Salad Fruit/dessert Fresh Brea	Tortilla & baked beans Cooked ham & English cheddar Buffet Salad Fruit/ dessert Fresh bread	Chicken, carrot & leek bake Buffet Salad Fruit/dessert Fresh bread	Shepherd's Pie with lentils, courgettes & carrots Buffet Salad Fruit/ dessert Fresh Bread
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 3 rd - 2 7 th h M a r	Lasagne Buffet Salad Fruit/dessert Fresh Bread	Fresh breaded chicken with buttered mash potato & steamed broccoli Buffet Salad Fruit/dessert Fresh Bread	Macaroni & cheese with sausages & sweetcorn Buffet Salad Fruit/dessert Fresh bread	Meatballs in tomato sauce & rice sautéed with garlic Buffet Salad Fruit/dessert Fresh bread	FISHY FRIDAY Tuna 'Arrabiata' with penne Cooked ham & English cheddar Buffet Salad Fruit/dessert Fresh bread
3 rd d W e e k					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY

3 0th M a r - 3rd A pr	MEAT FREE MONDAY Vegetable paella Buffet Salad Fruit/dessert Fresh bread	Chicken & vegetable casserole with basmati rice Buffet salad Fruit/dessert Fresh bread	Pizza, tuna or ham with grated carrots & sultana salad Buffet Salad Fruit/dessert Fresh bread	Spaghetti Bolognaise Buffet Salad Fruit/dessert Fresh bread	Tortilla & baked beans Cooked ham & English cheddar Buffet Salad Fruit/ dessert Fresh bread
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